



**Covered Facilities:** Dakota Regional Medical Center and Nelson Griggs District Health Unit

**Community Health Needs Assessment:** A Community Health Needs Assessment (“CHNA”) was performed in 2024/2025 in collaboration with public health to determine the most pressing health needs of Cooperstown and Griggs County.

**Implementation Plan Goals:** The Board of Dakota Regional Medical Center has determined that the following health needs identified in the CHNA should be addressed through the implementation strategy noted for each such need:

### **CHNA Implementation Work Plan 2025**

Dakota Regional Medical Center (DRMC) has developed a comprehensive Community Health Needs Assessment (CHNA) Implementation Work Plan for the 2025 cycle, led by Nikki Lindsey, CEO. The plan focuses on addressing four key areas to improve community health and well-being: attracting and retaining young families, supporting elderly residents to stay in their homes, addressing depression and anxiety across all ages, and increasing the availability of home health services.

**Area 1: Attracting and Retaining Young Families** To attract and retain young families in the community, DRMC plans to collaborate with the city and partners to develop housing at the old hospital site, providing more homes close to schools. This initiative aims to increase the number of homes available between 2025 and 2028, with the DRMC CEO, City Council, and Economic Development Committee leading the effort. Additionally, rebuilding the community pool and splash pad is expected to create more recreational activities, encouraging families to settle in the area. Parks and Recreation and community leaders will oversee this project. To further support working-age families, DRMC will extend clinic hours starting in October 2025, ensuring accessible healthcare services. This initiative will be managed by the DRMC CEO and Clinic Manager.

**Area 2: Availability of Resources to Help Elderly Stay in Their Homes** DRMC is committed to helping elderly residents remain in their homes by increasing awareness and access to supportive services. The hospital will request community education sessions from the State on the Qualified Service Provider (QSP) program, aiming to enhance understanding and utilization of these services. The DRMC CEO will coordinate with the State Program Coordinator to implement this initiative from 2025 to 2028. Additionally, DRMC will expand its Chronic Care Management (CCM) program to better understand and address the needs of the community. This effort will be led by the DRMC Clinic Manager and the CCM nurse/team.

**Area 3: Depression and Anxiety for All Ages** To combat mental health challenges, DRMC will focus on reducing stigma and increasing access to mental health services. Providers will conduct community education sessions, including outreach to the school system, to promote mental health awareness and reduce suicide rates. The DRMC Marketing Department will advertise existing services and the suicide helpline to increase community awareness. DRMC will also work to enhance access to mental health providers by requesting more onsite presence, monitoring telehealth usage, and expanding telehealth options as needed. Additionally, the feasibility of hiring a full-time mental health practitioner in the clinic will be considered. These initiatives will be implemented from 2025 to 2028, with leadership from the DRMC CEO, Medical Director, Clinic Manager, CFO, and Board of Directors.

**Area 4: Availability of Home Health** To improve access to home health services, DRMC will collaborate with current home health providers to educate the community about available services. Providers will be invited to community events, medical staff meetings, and all-staff meetings to share information and increase awareness among DRMC staff and community members. These efforts aim to boost the number of home health visits for DRMC patients and the broader community. The DRMC CEO and Director of Nursing (DON) will oversee these initiatives, which will be carried out from 2025 to 2028.

Through these targeted activities, Dakota Regional Medical Center aims to address critical community health needs, improve access to essential services, and foster a healthier, more vibrant community. All items noted in the CHNA have been addressed in this plan.